

**Lee County Parks and Recreation
YOUTH BASKETBALL LEAGUES
Boys & Girls Ages 9-17**

Rules and Regulations for 2007-2008

Article I-Purpose of Program

1. To promote basketball on an organized basis where team spirit and sportsmanship become each participant's primary objective.
2. To take into consideration the safety and health of each individual participant on any team.
3. To draw youth from different communities and environments into a closer fellowship through participation, on their own level, in a county-wide sports program.
4. To provide recreational opportunities for all who duly register and abide by these rules and regulations.
5. To provide an opportunity for youth participants through maximum participation.

Article II-Sportsmanship

1. This program aims to encourage good sportsmanship. Therefore, all teams are asked to cooperate with coaches, officials, and staff to foster this relationship from the floor to the bleachers and into the home.
2. Any player ejected from a game for unsportsmanlike conduct will forfeit their right to participate in the remainder of said game and the next scheduled game. A second offense of unsportsmanlike conduct will result in the suspension of the player for the remainder of the current season. Unsportsmanlike conduct is any act deemed by the official to question his integrity of the game or endangers any participant in the game.
3. There will be no profanity allowed on the floor, bench, or in the bleachers during the season. Penalty may include suspension from the program for the remainder of the season.

Article III-Games and Equipment

1. A regulation game will consist of four (4) eight (8)-minute quarters with the clock stopping on foul shots, time outs, and at the four-minute mark of each of the first three (3) quarters to allow for participation substitutions. Coaches need to have players prepared to substitute at 4-minute mark, and not to treat the stoppage as a timeout. The last two minutes of the game and any overtime periods will use a regulation clock. Each team will be given (3) full timeouts, (2) thirty second timeouts per regulation game, and will be given (1) full timeout in each overtime. ALL TIMEOUTS CARRY OVER.

2. **At the first opportunity on or after the four-minute (4) mark, the officials will call an official timeout and the clock will stop for substitutions.** The five players who began the quarter will be replaced with five different players. The coach may substitute freely in the fourth quarter and any overtime periods. **Players should be prepared to enter the game in a timely manner.** This is not a time-out and should not be treated as such. Teams with fewer than ten (10) players available for a game shall distribute playing time among the available players as evenly as the numbers of players will allow during the first three (3) quarters. The hope of the Lee County Parks and Recreation Department is to encourage all players to play as evenly as possible in the first 3 quarters. However, **there is No Maximum play rule.**

This rule is subject to the following exceptions:

A player may be taken out of the game if...

- 1) A player has 3 or more personal fouls.
 - 2) A player is injured.
 - 3) A player is bleeding or blood is on his/her uniform.
 - 4) A player is purposely disrupting the normal flow of the game and may potentially be ejected from the game.
3. If injury or related circumstances prevent a player from participating, the head coach shall notify the official scorekeeper, the opposing coach, and the officials of the game.
 4. All games will be considered a regulation game if in accordance with these rules.
 5. Games that are tied at the end of regulation will be decided by no more than two (2) two (2)-minute overtimes. Games that remain tied will be decided by the first team to score after the second overtime period.
 6. Jump balls will determine possession at the start of the game and any overtime periods.
 7. In case of a tie for the regular season standing championship, head-to-head competition will be used to determine the champion. If a tie still exists, head-to-head records verse subsequent best teams will be used to determine the champion. If a tie still exist, a coin flip will be used to determine champion.
 8. The department will supply all balls and uniform tops. Players must furnish their own shorts with no pockets. Players without proper department supplied uniforms will not be allowed to enter the game. **Long pants, sweat pants, and short pants with pockets are not allowed.** Tennis shoes **only** are permitted on the gym floor.
 9. Youth boys 11 years and older will use a regulation size basketball. Youth girls and boys 10 years and under will use a 28 1/2" compact basketball.
 10. Youth leagues for 12 years and under may only use a full-court press during the last two (2) minutes of the game and any overtime periods. Youth leagues 13 years and over may use a full-court press at any time. Penalty for 12 years and under leagues will be a loss of possession and a warning for the first offense. One technical foul will be assessed on each subsequent offense. **ALL Leagues:** If a team has a twenty (20) point lead, that team

will not be allowed to full-court press until the point differential drops below twenty (20) points. First Offense: Team Warning, Second and Subsequent Offense: Team Technical.

11. Man-to-man and zone defenses are allowed in all leagues.
12. The three-point shot will be in effect for all leagues.
13. Dunking will be allowed during games only. **HOWEVER**, if a player hangs onto the rim too long or taunts the opposing team when dunking the ball, he/she will be suspended for the remainder of the game being played and the next (2) two games and a technical foul will be assessed. On the second offense of this rule, a player will be suspended for the remainder of the season and the tournament, and this player will not receive a trophy for this year. Penalties may carry over into next season for violations of this rule during tournament play.
14. In the 9-10 year old boys and 9-12 year old girls, there will be a five-second lane count.
15. In all 10 & Under Leagues, the free throw line will be twelve (12) feet from the face of the backboard.

Article IV -Coaches

1. All coaches must complete and return a signed coaches application form or a returning coaches card before they are eligible to coach. Coaches must also complete the National Youth Sports Coaches Association certification program given by the department within one (1) year of joining the department as a volunteer coach. Head coaches must be at least twenty-one (21) years old.
2. **Policy for coaches changing teams between athletic leagues**
 - A. Assistant coaches from the prior year will be given priority over a team that does not have a returning head coach.
 - B. Selection of coaches requesting to change leagues will be based on NYSCA certification.
 - D. If there are more requests than teams available, the selection of coaches will equal the number of teams needing coaches.
 - E. Once all teams have been drawn, no trades will be allowed after night of draft.
 - F. The Lee County Parks and Recreation Staff reserves the right to change or amend this policy if it is deemed necessary for the benefit of the program.
1. Coaches and players are restricted to their respective team areas during all games.
2. Coaches will keep the Athletics Division informed of any inactive players on their rosters.

3. Coaches will promote sportsmanship and fair play at all times.
4. Coaches will encourage scholarship and the preparation of schoolwork.
5. **Only three (3) coaches** per team are allowed in the team area.
6. Coaches will play every player in every game according to these rules provided the player has attended practice and otherwise met the requirements as outlined in these rules. Coaches will report to the Scorekeeper prior to the start of the game any player who has not met these requirements or is physically unable to participate.
7. The coach must give the team's roster to the scorekeeper **ten (10) minutes** before the scheduled game time.
8. Any coach who removes a team from the floor prior to the end of the game will face disciplinary actions up to and including dismissal as coach.
9. Head coaches have the responsibility of informing assistant coaches, players, parents, and spectators of all rules regulations.
10. The coach must maintain proper conduct among his/her team and among spectators of his/her team at all times. If disciplinary action needs to be taken, coaches should notify the Athletic Staff.

Article V-Draft Procedures for Youth Leagues

1. No protection for assistant coaches son/daughter. They must attend tryouts and be rated by coaches who will decide which round the son/daughter will be drafted. Assistant coach's sons/daughters must be drafted or traded for in order to be placed on that team. League age is determined as of January 1, 2008.
2. All teams will draft first, second and third rounds. Starting with the third round, teams with the least number of players on their team will draft until they catch up to the next team with the least number of players.
3. Brother/Sister combinations will go on the same team. When the first sibling is picked, the other sibling will automatically be treated as a returning player.
4. Trades can only be requested at the end of draft following hat selection process. Trades can only be made with players new to the league. **Lee County Parks and Recreation staff must approve trade before it can be finalized and staff will make a decision on the trade within 48 hours of request. Staff's decision is final.**
5. League age is determined as of January 1, 2008. All players must register by the final day registration in order to be assured of placement on a team (this includes returning players). New players who have not participated in any Lee County Parks and Recreation programs must provide a birth certificate or other evidence for verification of playing age
6. **Players who register after the registration period has ended and before the first scheduled game, may be placed on a waiting list, this includes veteran players. Players**

on the waiting list will be placed on teams on a space-available basis by random drawing.

7. Any player who quits during the season will re-enter the draft process the next season.

Lee County Parks and Recreation Department Athletic Waiting List Procedure

- A. Players signing up after the league is full or following drafts will be placed on a waiting list for said league.
- B. Coaches must notify staff when they lose players. Staff will contact parents of said players to verify they will not be participating in the program.

Article VI-Officials

1. Lee County Parks and Recreation will provide the most qualified officials available for games through an official's organization approved by the department. The official's organization will conduct an on-going program to recruit and train qualified individuals to serve as officials.
2. An official's duties begin when he/she enters the gym for his/her assigned game and ends when he/she leaves the gym.
3. Player eligibility must be questioned prior to the start of the game. No protest will be considered during the course of the game.
4. Judgment calls by the officials are final.
5. The official scorer will have the official scorebook. If any questions arise, that scorebook will be used to determine the item in doubt.
6. In the event that only one official shows up for a scheduled game, that official shall start the game on time and play the game until the second official arrives. The game cannot be protested because only one official is present.
7. After the game has started, the officials and/or department staff member will be responsible for discontinuing the game for any reason.

Article VII-Jurisdiction

Rules not specifically covered in these regulations will be governed by the NC High School Athletic Association rules.

Article VIII-Inclement Weather Policy

1. Should inclement weather occur (i.e., ice storm), the Parks and Recreation Department will follow the decision of the School Board. Teams may also call **the information hotline 774-7999** for cancelled games and practices **after 3:00 p.m. Please inform your players and their parents of this number.** The Lee County Parks and Recreation Staff need the business lines to be open.
2. Teams must be present at game time if they have not been notified of cancellations.
3. Games will be rescheduled by the Lee County Parks and Recreation Department and announced on the Information Hotline. (774-7999)
4. Suspended games will resume at the point of suspension.

Article IX -Miscellaneous

1. The home team will be listed second.
2. No food, drink or gum is allowed in the gym area.
3. No dunking is permitted before, during or after the game.
4. Jewelry (rings, watches, necklaces, ankle bracelets, earrings, rubber bands, etc.) and 'casts' are prohibited. Placing tape over jewelry **WILL NOT** be allowed. Knee braces are permitted with approved protective covers (neoprene protective covers). Casts: (plaster, metal or other hard substances in their final form) or any other item judged to be dangerous by the supervisor or official may not be worn during the game. Knee braces made of hard, unyielding substances covered on both sides with all edges overlapped and any other hard substances covered with at least ½ inch of slow recovery rubber or similar material will be allowed.